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JYC Newsletter - October 2019

Commodore's Corner

Hello Sailors!

I hope everyone is having a great Fall!

Well, unfortunately the 2019 sailing season is starting to wind down. The weather is getting a little cooler and the days are getting shorter. It's been a great year though and we are not done yet. Below is a list of events to keep you up to speed.



- Saturday, October 19th at noon is the **Chili Cook Off**. Think you've got a good chili recipe??? Bring it out and put it to the test. Bring a pot of chili or your favorite sides and enjoy the day with your favorite sailors.
- **November's meeting** will not be at Sailboat Cove. The executive committee is working on securing a location and will release more info when plans are finalized.
- The **JYC Holiday Party** will be December 7th at the Lake Lotawana Community Center. I know the calendar fills up quickly during the holiday season, so please get this date on there now.

Finally, last Saturday was the final race of the year. The weather didn't cooperate and it was a very challenging day for all involved, but we had a good showing of sailors. Thank you to all who participated. Places will be announced at Saturday's party.

Have a great rest of your week! I hope to see you all this Saturday.

-Nate

A Look Back on Summer 2019 at Sailboat Cove



July BBQ

Mich and Cyndi knocked this out of the park with BBQ ribs. The menu choice sure drew a crowd and rivaled the Luau in guest attendance!



August Raft
up and
Breakfast

Jeff and Rita were so kind to prepare eggs and sausage for all of the sleepy sailors who stayed up all the night before at the raft up!



September Scouts Experience

Wild winds made for a memorable excursion for the scout troop, with a feast of hamburgers and hand-crafted camping desserts to cap it off!





Trans-Jac and JYC Fall Classic Regattas

Over 30 boats took over Lake Jacomo October 6th for the Trans-Jac. Everyone ran out of sailboat fuel mid-way but it was wonderful to see and experience!

The following weekend, 7 cruisers kicked off the Fall Classic, but high winds resulted in some chaos and 1 boat holding on through the final leg.



Heavy Weather Sailing

It's that time of year again – when the wind gusts can disrupt normal sailing significantly!

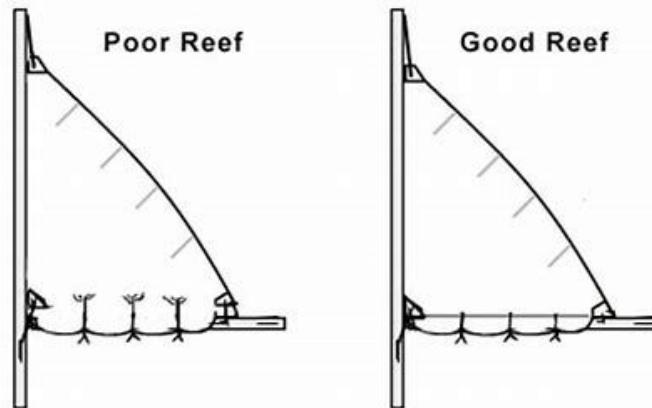
We all know the wind is stronger when we see 'whitecaps' on the lake surface or there are very much darker than normal 'puffs' scurrying across the lake surface.

The secret to enjoyable sailing is to anticipate these conditions and prepare for them before they arrive.



It's worth considering adding that extra layer of protection by adding a "reef" and a smaller headsail in these variable conditions. You can always shake out the reef and open the headsail if it proves unnecessary. It could prevent a ripped sail or worse a 'broach'.

The first golden rule of heavy weather sailing is In heavy winds, the sails should be tight.

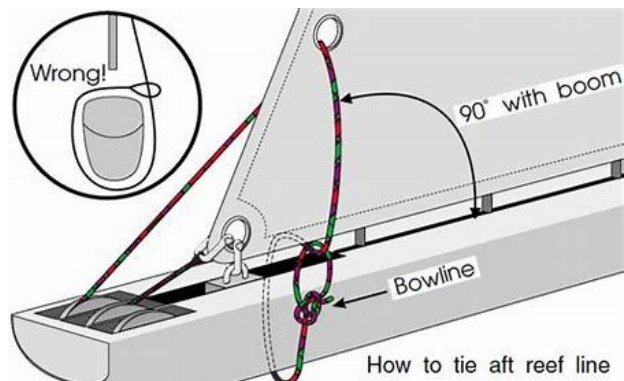


That means after reefing, keep the main and jib/reduced genoa, or perhaps even a storm jib as tight as possible on the forestay.

You will also need to adjust the position of the jib cars to take into consideration the reduced jib size, again the sail shape should be flat, not billowing out. **There should be NO load on the inner ties around the boom!**

The 'outhaul should' be snug as well as the 'cunningham' halyard should equally be firm. Finally the 'boom vang' needs to be firmly holding the boom down.

One of the 'tricks' to completing this efficiently is to mark all the lines with 'light wind', 'medium wind' and 'hard wind' with coloured marks on the halyard lines, also the



outhaul, Cunningham and boom vang lines. We also mark the various positions of the jib cars on the tracks using electrical tape.



The 'Traveler'. Often this adjustment is almost forgotten, however in heavy weather it is a great tool to 'depower' the main. Adjusting the traveler position halfway (3-6 inches) off-center away from the wind.

All crew members should sit on the windward side of the boat, changing at each tack.

If the wind is gusting a lot the helmsman might 'head up' just a few points just before each 'puff' then gently 'bare away' back on course thus avoiding the more dramatic rounding ups that can occur.

From a safety point of view, lifejackets are a good idea. If out in a big swell a safety harness attached to a jack line is always a good idea.

Take extra time and care when moving around the vessel as the boat can heel suddenly.

Sailing can be exhilarating in these conditions, additional care needs to be taken when rounding marks, especially if you are 'gybing' when it is often better to 'chicken gybe' – a technique of reeling in the mainsheet as you turn and then easing out after you cross the center line (wear gloves) this significantly reduces the load on the rigging, be aware the jib may flap vigorously!



If it all gets too much remember to 'head up' into wind before taking down the sails.

2019 UPCOMING EVENTS

Next meeting is **Chili Cookoff** October 19th,
hosted by the Executive Committee, and YOU!

HOSTS NEEDED for the 2020 year! Interested in hosting
a meeting? Email **Cindi Coope** (cindicoope@gmail.com)



our party organizer, to save your date.
Sign ups can also be done online.

<https://www.signupgenius.com/go/70A0A44AFAB2DAAFA7-party1>



Date	Time	Event	Host	Location
October 12	10:00	Cove Clean Up		Sailboat Cove
October 19	TBD	October Meeting/ Chili Cook-Off	Pot Luck	Sailboat Cove
November 16	TBD	Meeting	Committee	TBD
December 7	18:00	Annual JYC Holiday Party	Committee	Lake Lotawana Community Center

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