



JYC Newsletter - March 2019

A Word from Nate...



Hello Sailors,

It has been a very long and cold winter. I don't know about you all, but I can't wait for it to be over. I look forward to seeing you all more than once every other month. The days are starting to get longer though and the extended forecast looks like it might start to warm up. So let's all keep our fingers crossed and hope that it's almost over.

Regardless of what the weather does (I really hope that I don't regret saying that), we are going to get our sailing season officially kicked-off. **March 16th** is our annual Burning of the Socks Party. Get your old winter socks ready to add to the fire and join us at Sailboat Cove. The party will start at 1:00 with a late lunch served around 1:30. Please bring an appetizer or dessert to add to the party.

Don't forget that the mooring ball, dry storage, and dock lottery takes place on March 9th at the Jackson County Parks + Rec Administration building. Make sure you get your Lottery Registration form in by March 6th. JYC will be have a table set up in the parking lot to provide refreshments, let us know if you would like to help out. The current schedule shows the following times for the lottery:

Jacomo South Docks - 11:30

Jacomo Dry Storage - 12:30

Jacomo Moorings - 1:00

Can't wait to see you all.

-Nate

Membership Renewals

Who is ready for the sailing season? Getting out on the lake is the number one thing I look forward to. Second to that is our JYC meetings and social gatherings. **Membership dues** are up for renewal for 2019. That covers your costs for most of our parties and then some. If you have not paid yet, you can do so any time on the website. You can also hand deliver your payment to me at the next party or by mail (address is on the member application)



Membership **applications** can also now be accessed and filled out online. If any of your information has changed including mooring/slip information, new boat, boat name, address, or phone number, please fill out an updated app so the club can update our records. If you have never filled one out, or aren't sure about what you submitted last time it only takes a few minutes to fill one out.

<https://www.jacomoyachtclub.com/membership>

-Mercedes

Volunteers Needed

We're looking for volunteers to **host our monthly meetings** through the coming season. It's very fun and rewarding and expenses are reimbursed up to an agreed amount. If you've never hosted before now is your chance. Sign up online or contact an executive committee member to let them know what month you'd like to volunteer for.

We also need willing people with big hearts to volunteer for **Cove Cleanup**, second Saturday of the month starting in April. Tending to the vegetation and litter in sailboat cove is our contribution to the county in exchange for user of the shelter for our meetings. If you're interested and available, simply show up at 10am and do what you can. Extra weed trimmers are always a big help.

<https://www.signupgenius.com/go/70a0a44afab2daafa7-party>

Merchandise

Official club apparel is still available on the website or at monthly meetings. We've added some new items over the last few months such as **burgees and mugs**. Go check it out!

<http://www.jacomoyachtclub.com/shop>



Recent Club Events

The 2018 Christmas party was a wonderful way to close out the year with friendly faces and delicious turkey and fixings. Thanks to all who attended.



How to Prepare for the Sailing Season

This list of exercises, which sailingscuttlebutt.com originally published in 2003, is still a pretty good way to prepare yourself for the sailing season:

1. Buy a case of beer, sit with it in a very warm place for a few hours, then drink it.
2. Apply sunscreen to your face in streaks and sit in front of a sun lamp for 2 hours.
3. Sit on a bench with large metal fixtures cutting into your legs, stare straight up into the sun for two hours – for a more robust workout: invite 4 friends to come over and yell at you the whole time.
4. Go out and get very drunk, sleep 4 hours, then stand on a rocking chair for 6 hours.
5. Go to bank and withdraw \$1,000 – then light it on fire.
6. Sit in front of a commercial fan and have someone throw large buckets of salt water on you.
7. Repeat number 6 in jeans and a sweatshirt and /or repeat number 6 with head turned sideways to ensure water lodging fully into ear drum.
8. Cut limb off nearby tree, tie ropes to it, stand on rocking chair with tree limb and ropes – hold them over your head for 3 hours... at 5 minute intervals drop on your head – more robust version: have friends yell at you in 6 minute intervals.
9. Set your wrist watch to 5-minute repeating counts ... let it go off all day long.
10. Pour cold water in your lap and give yourself a wedgie, now alternate between sitting and running around bent over.
11. Tie ropes between 2 trees – push your body against them as hard as you can for 6 consecutive hours – don't stop for pain or bruising.
12. Place sandpaper on your stairs, crawl up and down on your knees for several hours.
13. Make 12 sandwiches on white bread with bad meat and cram them into a bread bag – eat one a day for 12 consecutive days... make sure the last one is peanut butter and jelly if preparing for Race Week.
14. Tie ropes to rear bumper of friend's car, hold on tightly, but allow rope to slip through fingers as car drives away – TIP: works best with nylon fiber ropes, lengths in excess of 50'.
15. Upon completion of previous 14 drills – sit down and drink 14 Mount Gay Rum drinks, any flavor.



2019 UPCOMING EVENTS

Next meeting is **Burning of the Socks** March 16th at 1pm, hosted by the executive committee.

HOSTS NEEDED Interested in hosting a meeting? Email **Cindi Coope** (cindicoope@gmail.com) our party organizer, to save your date. Sign ups can also be done online. <https://www.signupgenius.com/go/70a0a44afab2daafa7-party>



Date	Time	Event	Host	Location
March 16	1:00	March Meeting/ Party, Burning of the Socks	Nate King	Sailboat Cove
April 13	10:00	Cove Clean Up		Sailboat Cove
April 20	TBD	April Meeting/Party & Swap Meet	TBD	Sailboat Cove
May 11	10:00	Cove Clean Up		Sailboat Cove
May 18	17:30	May Meeting/Party	Jason and Mercedes	Sailboat Cove
June 8	10:00	Cove Clean Up		Sailboat Cove
June 16	17:30	June Meeting/ Pig Roast & Luau	TBD	Sailboat Cove
July 13	10:00	Cove Clean Up		Sailboat Cove
July 20	TBD	July Meeting/Party	TBD	Sailboat Cove
August 10	10:00	Cove Clean Up		Sailboat Cove
August 17	9:00	August Breakfast Meeting	TBD	Sailboat Cove
September 14	10:00	Cove Clean Up		Sailboat Cove
September 21	TBD	September Meeting/Party	TBD	Sailboat Cove
October 12	10:00	Cove Clean Up		Sailboat Cove
October 19	TBD	October Meeting/ Chili Cook-Off	TBD	Sailboat Cove

Jacomo Yacht Club Officers

Nate King
Chris Coope
Seth Ritter

Commodore
Rear Commodore
Race Coordinator

Zach Ritter
Jason Lentz
Mercedes Lentz

Vice Commodore
Secretary
Treasurer